Introduction to practical methods in low-intensity transcranial Electrical Stimulation

Adam Woods¹, Marom Bikson², Giuseppina Pilloni³, Leigh Charvet³, Nigel Gebodh²

¹ Center for Cognitive Aging and Memory, Institute on Aging, Department of Aging and Geriatric Research, McKnight Brain Institute, University of Florida, Gainesville, FL, USA. ² Department of Biomedical Engineering, The City College of New York, New York, NY, USA.

³ NYU MS Comprehensive Care Center, Department of Neurology, New York University School of Medicine, New York, NY, USA

The workshop provides an introduction to practical methods in low-intensity transcranial Electrical Stimulation techniques focusing on transcranial Direct Current Stimulation (tDCS) but applicable to other approaches such as transcranial Alternating Current Stimulation (tDCS). After briefly introducing the principles of tDCS, the workshop outlines key dos and don'ts on tES setup including electrode preparation and placement. The workshop concludes with demonstrations of tDCS setup including for home use and High-Definition tDCS with integrated EEG.

Keywords (max. 5)

1 (0 1 0

Transcranial Neurostim. (tES/tDCS/tACS/rTMS) Healthcare

Prerequisites (if any; or none)

None

Course Schedule (September 12th, 14:00h – 18:00 CET)

Day 1 (Sunday, Sep 11th)	
14:00	Lectures: Best practices in
	tES:
	Adam Woods, Marom
	Bikson
16:30	Demonstration of tDCS and
	home-based techniques:
	Giuseppina Pilloni, Leigh
	Charvet
17:30	Demonstration of HD-tDCS
	with EEG
	Nigel Gebodh

Maximum Intake No limit